

Perci Health

Regular bowel cancer screening reduces the risk of dying from bowel cancer by at least 25%



Sources: nationalscreening.blog.gov.uk

→ **New or persistent symptoms?**

→ **Worried or unsure?**

→ **Speak to your GP**

These symptoms don't always mean cancer, but should be checked.

01 **Bleeding from bottom and/or blood in poo**

02 **An unexplained change in bowel habit**

03 **Unexplained weight loss or tiredness**

04 **Pain or a lump in your tummy**

Have you been sent a bowel screening kit?

Bowel screening starts at age 50 in England, Scotland and Wales, and 60 in Northern Ireland. The test is designed for people with no symptoms.

→ **Get screened**

→ **Know the signs**

→ **Act early**

Bowel Cancer Awareness Month
April