

Myth busting

Breast Cancer



Perci Health

01

Myth

“Screening is painful”

Fact

Mammograms can be uncomfortable, but shouldn't be painful, and only lasts a few seconds.



Perci Health

02

Myth

“I don't have a family history of breast cancer, so I don't need screening”

Fact

Only 5–10% of breast cancers are caused by an inherited altered gene, so it's important for all women over 50 to attend screening when invited.



Perci Health

03

Myth

“I check my breasts regularly so I don't need screening”

Fact

A mammogram detects cancers that are too small to see or feel, and when they are easier to treat.



Perci Health

04

Myth

“NHS breast screening isn't available for women and people over 70”

Fact

Women can still take part in breast screening beyond age 71 by request.



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